

A WORD FROM OUR CEO

Hello and welcome to the AMSGazette's eighth edition! This month's newsletter is packed with exciting Q&As, helpful tips, and the value of giving back.

As summer winds down and our kids return to school, we hope you're enjoying the last bits of summer. But speaking of summer coming to an end, now is the perfect time to start a new hobby. In "From Conference Room to the Stage", we learned that people who engage in hobbies and activities outside of work, feel more fulfilled in both their personal and professional lives. Our two newest AMSG employees, Ivi Demi and Joan Fuchsman, talk about a hobby that brings them joy (literally): being a comedian.

In our Tech Corner, Kevin Ford breaks down the value and power(pun intended) of Microsoft's Power Apps. We also highlight one of our favorite non-profit organizations. the Armed Services Arts Partnership (ASAP). Lastly. we asked our employees to submit stories about their favorite summer memories. We hope you enjoy reading a selection of them.

We thank you for taking the time to read up on AMSG, and as always, we welcome your thoughts and input. Feel free to email us at amessenger@amsgcorp.net with ideas, news, or even just to say hello; and share our newsletter with colleagues you think might want to learn about what's happened at AMSG and in the government contracting industry right now.



Warm Regards, Jim O'Farrell President and CEO jofarrell@amsgcorp.net 571-283-1871

TECH CORNER

TL;DR// Power Apps Can Make Your Complicated SharePoints Ultra-Simple

Written by: Kevin "Chevy" Ford, Program/Business Case Analyst (pictured)



Power Apps is so impressive because it only takes one citizendeveloper without any pro training to transform your SharePoint spreadsheet jungle into an easy as pie application for your whole agency to use. Here is the cool part: you can do it too, and your government agency does not need vast sums of money nor a legion of M.I.T. programmers at the ready to build flexible options, just get Power Apps.

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EMPLOYEES SPOTLIGHT







From Conference Room to the Stage: An Interview with Comedians Ivi Demi and Joan Fuchsman

Joan Fuchsman, Senior Communications Specialist and Ivi Demi, Business Analyst interviewed by: Juania Owens, Investment Analyst Team Lead (Pictured L to R)

In a 2019 Harvard Business Review article, "The Unexpected Benefits of Pursuing a Passion Outside of Work", Jon M. Jachimowicz, a Harvard Business School Assistant Professor who researches why people struggle to pursue their passions; Joyce Ha, a Ph.D. candidate in organizational behavior; and Julian Arango, a behavioral strategist, dissect the growing body of research that finds adults who engage in extracurricular hobbies and activities outside of work benefit in both their personal and professional lives.



The studies found that individuals report having more energy, reduced stress, and increased creativity.

Given the considerable results this research has found, it's no wonder, Ivi Demi and Joan Fuchsman, two of AMSG newest employees, found their way to comedy, an activity that is vastly different from their professional lives and provides a creative outlet.

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Summer Memories

We asked our employees to share their favorite July 4th memory or their favorite summer memory from any year of life: why it was so special and what was the most vivid memory.

<u>Please click here</u> to read some of the wonderful entries we received.

PHILANTHROPHY

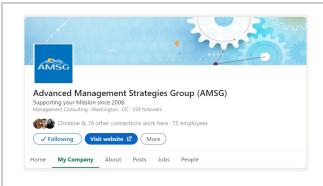
AMSG furthered its commitment to the military



veteran community with its largest-ever charitable contribution of \$40,000 to the Armed Services Arts Partnership (ASAP) to combat isolation and improve veterans' well-being through the arts.

This contribution funds ASAP's initiatives, including ASAP's <u>Combat to Comedy performance</u> at Caroline's on Broadway in New York City on Thursday, September 15 where AMSG is the Stage Sponsor. The night of laughs will feature comedy sets from ASAP military veteran comics and celebrity comedians.

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CREDITS

Newsletter Writer and Editor: Juania Owens (Pictured L) Newsletter Manager: Chrissie Constable (Pictured R)

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Advanced Management Strategies Group | 3800 Fettler Park Drive, Ste 201, Dumfries, VA 22025

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